

FLÅM CRUISE PORT

Events: Norwegian National Day (May 17), Midsummer Night (June), Viking Market (July). **Cruise season:** All year.

Temperature: March-September from 8°C to 29°C. **Cruise and Port information:** www.aurlandhavn.no www.visitflam.com

Tourist Information: www.sognefjord.no



Aurlandsfjorden. Photo: Paul Edmundson

FLÅM

The Ultimate Cruise Destination

The charming village of Flam with its 380 inhabitants is situated at the innermost part of the Aurlandsfjord, a tributary of the 204 km long and up to 1308 m deep Sognefjord. Flam now offers two high volume environmentally friendly attractions as well as a myriad of soft adventures such as hiking, biking and kayaking. Centrally located in the fjord region, Flam is the home of some of the most popular attractions in Norway. The route followed by the Flamsbana - the historical Flam Railway - is widely recognized as one of the steepest and most beautiful in the world. Flam also allows easy access to the spectacular Nærøfjord, listed as a UNESCO World Heritage Site.

ATTRACTIONS/EXCURSIONS

Vision of the Fjords through the Nærøfjord-NEW

Flåm - Gudvangen - Flåm

Duration: 2 hrs (including one leg by bus)

The design of the vessel is spectacular and invites the guests to enjoy a magnificent and silent fjord experience through the UNESCO World Heritage Area Nærøfjord.

Norway in a Nutshell

Flam - Myrdal - Voss - Tvinde - Stalheim - Flåm

(vice versa) Duration: 6 hrs

Highlights include the Flam Railway, Kjosfossen waterfall, Bergen Railway, the beautiful town of Voss, Tvindefossen waterfall, Stalheim viewpoint and Stalheimskeiva road. This road is one of the steepest stretches of road in Northern Europe, winding its way through 13 hairpin curves.

The Flåm Railway & Vatnahalsen

Flam - Vatnahalsen - Flam. Duration: 3.5 hrs

Highlights include the Flam Railway, Kjosfossen

waterfall and home-made waffles at Vatnahalsen Mountain Lodge. The Flam Railway is a masterpiece of engineering. With a height difference of 865 m, it is one of the world's steepest adhesion-type railways on normal tracks. The journey provides a panoramic view of some of the wildest and most dramatic mountain scenery in Norway, including photo-stop at the mighty Kjosfossen waterfall.

The Flåm Railway & hiking

Flam - Vatnahalsen - Berekvam - Flam

Duration: 4 hrs

Highlights include the Flam Railway, Kjosfossen waterfall, mountain farms and hiking the old navvies road in the Flamsdalen valley. The guided hike starts from Vatnahalsen down to Blomheller (9 km) or Berekvam (11 km), a height difference of 460 m. Take the opportunity to experience a scenic and diverse landscape, and interact with the many goats at the mountain farm Kardal.

The Flåm Railway & biking

Flam - Myrdal - Berekvam - Flam. Duration: 3 hrs

Highlights include the Flam Railway, Kjosfossen

waterfall and biking down the Flamsdalen valley.

The bike adventure begins at Berekvam, and is a guided tour down to Flam by the Aurlandsfjord. The distance is 10 km, and involves a descent of 340 m. This is a close-to-nature experience!

Scenic Chair lift ride in Myrkdalen- New

Flam-Myrkdalen-Stalheimskeiva-Flam

Season: Apr-Jul. Duration: 4 hrs

Stunning views as you ride the chair lift from Myrkdalen Hotel to the viewing platform at 860 m. Within 1.5 hours of leaving the ship in Flåm you could be standing here in the snow, overlooking the snow-covered mountains, and the beautiful Myrkdalsvatnet lake surrounded by lush green fields.

Cruise on the Nærøfjord

- UNESCO World Heritage Site

Flam - Gudvangen - Stalheim - Flam (vice versa)

Duration: 4 hrs

Highlights include boat sightseeing on the Nærøfjord, a UNESCO World Heritage Area, bus tour to Stalheim viewpoint and Stalheimskeiva road. The Nærøfjord is rated as one of the best preserved



The spectacular Flåm Railway. Photo: Sverre Hjørnevik



Vision of the Fjord. Photo: Sverre Hjørnevik



The Flåm Railway. Photo: Sverre Hjørnevik

UNESCO World Heritage Sites by National Geographic Traveler. The narrow fjord allows for some of the wildest and most dramatic scenery in Norway. Not to be missed!

Borgund & Stegastein Viewpoint

Flam - Lærdal - Borgund - Stegastein - Flam (vice versa) Duration: 4 hrs
Highlights include driving through Lærdalstunnelen - the worlds longest tunnel, Borgund Stave Church, Aurlandsvegen mountain road, and Stegastein viewpoint. The viewpoint is a unique platform situated 650 m above sea level, overlooking the Aurlandsfjord.

Fjord Safari

Flåm - Nærøfjord - Flåm
Duration: 1 hour 30 min or 2 hours 15 min.
Guided RIB boat tour on Unesco listed Nærøfjord. Enjoy the amazing scenery and spot for wildlife while the local guide provides a unique insight into the local history and culture of the area.

Østerbø & the Aurlandsdalen Valley

Flam - Østerbø - Flam. Duration: 3.5 hrs
Highlights include bus sightseeing through the historic Aurlandsdalen Valley, traditional Norwegian cuisine at a mountain lodge at Østerbø, and scenic viewpoints towards the Aurlandsfjord. Undredal Visitor Centre & Undredal Stave Church
Undredal Visitor Centre gives an introduction to the process of making goat cheese, and offers a tasteful menu of locally produced food. Visit the smallest stave church in Scandinavia.

Leim Dairy Farm

Mountain farm that produces its own goat cheese and invites to interaction with the animals. The farm overlooks the beautiful Aurlandsfjord.

Rallarrosa Dairy Farm

Mountain farm in the Flamsdalen valley, producing its own goatcheese.

The Aurlandshoe

The shoemaker with the best view in Aurland. The only remaining shoe factory in Norway producing the

original Aurlands Shoe or "Penny Loafer". Experience artisans at work. Local handcraft at its best.

Magic White Caves

On carpeted passageways you walk to the inside of the mountain, an experience of light and sound, silence and darkness.

Viking Village "Njardarheimr"

New attraction opening in Gudvangen.
The Viking Experience presented is not a museum, but a living village as it could have been in the heart of the Viking area. Gudvangen is situated at the end of the Nærøfjord, UNESCO World Heritage Site.

Kayak

Kayak programmes are offered in both Flåm and Gudvangen. Discover the Nærøfjord up close and personal.

Bike Rental

Moutain/Terrain bikes and helmets are available. These bikes are the best choice when biking the Navvy road and in the Flåm area.

PORT & TOURIST INFORMATION

PORT OF FLÅM

Distance to nearest pilot station
nautical miles/Hours: Approx. 90 nm / 5-6 hrs
Visiting address: Port of Flam
Mailing address: A-Feltvegen 27, NO-5743 Flåm
Phone: +47 976 27 382
E-mail: jonolav@aurlandhavn.no
Internet: www.aurlandhavn.no, www.visitflam.com

TOURIST INFORMATION

Visiting address: Flam Railway Station
Distance from port: 200 m
Mailing address: POB. 86, NO-5742 Flam
Phone: +47 99 15 23 00
E-mail: flam@sognefjord.no
Internet: www.sognefjord.no www.visitflam.com

GENERAL INFORMATION

Guide Service: Most languages
Terminal/Restrooms in pier area: Yes
Shuttle bus: No
Parking place for buses: Yes
Taxi: Yes
Rental cars: Yes
Public transportation: Yes
Shopping: 200 m
Local currency: NOK
ATM: Yes - 200 m

Currency exchange: No
Tax refund: Yes - Cruise pier
Public telephones in pier area: NO
Internet access in pier area: Yes
Mailboxes in pier area: Yes
Distances - airport: 70 km - Sogndal Haukasen /165 km
- Bergen Flesland
Distance to city centre: 200 m
Nearest hospital: Lærdal Hospital / +47 57 64 00 00 / 40 km
Voss Hospital / +47 56 53 35 00 / 65 km

PORT SERVICES / FACILITIES & INFORMATION

Waste handling: Yes
Anchorage: Yes
Pontoons: 2 floating piers for tender boats
Pilot: VHF Channel 12
Emergency: VHF Channel 16
Medical emergency: Phone 113
Tidal movement: 1.5 m
ISPS approved: Yes
Designated quays for cruise ships: Yes
Ship tenders allowed: Yes
Beam: 90 cm
Max size ship in port: No limitation
Max number of passengers per day in port: 5000/Varies through the season
Max number of ships per day in port: Max 3 at the same time as only two tender berths.
Ships stay min /max: No limitation
Port facilities according to Cruise Norway`s guidelines: Yes

Maximum ship length: No limitation
Maximum ship draft and depth in sea: 12 m
Maximum ship airdraft if bridge: No limitation
Crew facilities: Free of charge: Wifi, soccer and beach volley field, beach and barbecue area, hiking maps, discounts in stores

ANCHORAGE

Type of bottom: Sand
Minimum depth: 50 m
Distance from anchorage to tender pier: 500 m



QUAY:
Quay 1

LENGTH:
110 m

DRAFT:
12 m

AIRDRAFT:
None

BEAM:
None

HEIGHT QUAYSIDE:
1.8 m

